THE THIRD HALF

Life can feel heavy - with
Loneliness, relationship, work or financial stress.

The Third Half is a relaxed community space where men can meet over
Coffee, spot and connect - with no pressure, judgement or shame



"Come for the coffee. Stay for the Connection.."

SPOT

Be active when something struggling

TALK

Link to the people for right support

CONNECT

Start a casual conversation.

Time : Every Thursday | 10:30 – 11:30 AM
Poppintree Community Centre
D11 E7WR

Men's health wellbeing | Positive aging | Shoulder to Shoulder support

For more details Please visit ▸ www.keralabc.com SIJU JOSE: 087 777 8744

Comhairle Cathrach Bhaile Atha Cliath
Dublin City Council

AISLING RECRUITMENT
PLACEMENT WITH PURPOSE



For more details Please contact ▸

JOJO: 08 7631 7219
JOBY: 08 7994 8186

keralabc.com
facebook.com/teamkbc
kbc_kerala_badminton_club

DublinAirport | Community Fund

DUBLIN NORTHWEST PARTNERSHIP
Empowering | Collaborative | Accountable | Purposeful | Courageous